

FRIENDS CHRISTIAN SCHOOL

DRESS AND GROOMING CODE

Grades K-8

The purpose of the dress and grooming code is *to establish and promote a positive, safe, educational and spiritual climate where students learn to dress with modesty, neatness and appropriateness*. The Bible directs parents and those in authority to “Train up a child in the way he should go, and even when he is old he will not depart from it” (Proverbs 22:6). The Scripture also speaks to the student when it says “Let no man look down on your youthfulness, but rather in speech, conduct, love, faith, and purity, show yourself an example of those who believe” (1 Timothy 4:12). Please consider the purpose of the dress and grooming code and the above scriptural admonitions as you monitor your child’s dress daily to ensure that he/she is dressed appropriately for school. It is the responsibility of the parents to make sure these guidelines are followed and that their student is in compliance each day. *If a question arises about what is or is not appropriate attire, and the dress code does not specifically address the question, the FCS Administrators have the authority to make a final decision.* Thank you for your support and cooperation in maintaining these standards.

Students may only wear the prescribed uniform to school.

Uniform clothing items may not be altered or modified in any way.

All uniform clothing items must be purchased from [Land’s End \(Code 900205378\)](#).

Uniforms may be purchased online at www.landsend.com

POLO SHIRTS / BLOUSES / POLO DRESSES

Acceptable: Boys may choose to wear red, white or navy polo shirts embroidered with the school logo. Girls may choose to wear red, white or navy polo shirts or navy polo dresses, or white blouses, embroidered with the school logo.

Not Acceptable: Students are not to wear oversized apparel. Students are not permitted to wear any polo shirt, blouse or sweater shell that at any time exposes a bare midriff or undergarments (if student raises arms over head, the top should overlap the waistband). Girls need to dress at all times with modesty in mind. Tight/form fitting tops are not acceptable.

Note: Students may choose to wear their polo shirts untucked, however, the hem of the shirt may not extend beyond their wrist when their arms are hanging at their side. Students may wear one (1) garment (tank top, long sleeve shirt or turtleneck) under their uniform top (polo shirt, blouse or polo dress) as long as it is solid red, white or navy in color. The garment may not extend below the hem of the uniform top.

PANTS / SHORTS / SKORTS

Acceptable: Boys may choose to wear either khaki or navy pants or shorts. Girls may choose to wear either khaki or navy pants, shorts or skorts. Pants, shorts or skorts worn to school should be clean, without holes, and of comfortable fit. ***Shorts and skorts are to be no longer than the bottom of the kneecap and no shorter than eight inches (8”) from the floor when a student is kneeling.***

Not Acceptable: Fringed cuffs are not allowed (garments should have a finished hem). Pants, shorts and skorts should not be excessively baggy and should reflect a size designed to fit the student. They should not sag or expose undergarments. They must be worn at waist level and should fit snugly around the waist with or without a belt. Girls are not permitted to roll the waistbands of their shorts or skorts.

Note: Belts must be plain (without adornment or design) and solid in color (black, brown, khaki or navy). Belt buckles should not be oversized or embellished with inappropriate insignias (*i.e.*, iron cross). Students in grades K-8 may choose to wear **solid color** red, white, navy or black tights or leggings under their jumpers, skirts, shorts or skorts.

JUMPERS / SKIRTS

Acceptable: Girls may choose to wear either a plaid jumper or skirt. Jumpers and skirts are to be comfortable in fit (not too tight or too baggy). ***Jumpers and skirts may not be more than four inches (4”) from the floor when a girl is kneeling.***

Not Acceptable: Girls are not permitted to roll the waistbands of their skirts.

Note: Girls in grades K-6 must wear a red, white, navy or black sport short under their jumpers and skirts to participate in PE and when playing at recess.

JACKETS / SWEATERS / SWEATSHIRTS

Acceptable: All outerwear (jackets, sweaters and sweatshirts) must be purchased from [Land’s End Uniforms](#) and embroidered with the school logo or from FCS (Spirit Wear, athletic wear, etc.). Non-uniform jackets can only be worn on rainy days.

Not Acceptable: Jackets, sweaters and sweatshirts should reflect a size designed to fit the student. They should not be too baggy or too tight (form fitting).

FOOTWEAR

Acceptable: Shoes are required at all times on campus. Students are required to wear tennis shoes/sneakers for PE. Shoes must have heel straps, which keep them securely in place. Students are encouraged to wear socks to ensure sound hygiene practices. Leggings and tights must be **solid** red, white, navy or black in color apart from small logos.

Not Acceptable: Clogs, Crocs, flip-flops, and moccasins are not to be worn to school. Students in grades K-4 may not wear boots, sandals or loose-fitting shoes that could be a hazard on stairs when climbing. Rain boots are acceptable in rainy weather. Students in grades K-4 may not wear shoes with heels that exceed one inch (1”) in height. Students in grades 5-8 may not wear shoes with heels that exceed three inches (3”) in height. Mismatched shoelaces and socks are not acceptable.

HAIR

Acceptable: Hair should be neat, clean and out of the eyes. Natural looking highlights and coloring is acceptable.

Not Acceptable: Unusual styles (such as spikes, stripes, tails, etc.) may not be worn and unnatural looking bleaching, tinting or coloring of hair will not be permitted. Boys’ hair may touch, but not extend below the bottom of the shirt collar. Boys must be clean-shaven at all times. Sideburns may not extend below the bottom of the ear.

HAIR ACCESSORIES / JEWELRY

Acceptable: Girls may wear hair accessories (clips, headbands, etc.) to school as long as they reflect FCS values and good judgment and do not detract from the school environment. Jewelry may be worn to school as long as it reflects good judgment and does not detract from the school environment. If jewelry becomes a safety concern or distraction, a student will be asked to remove it.

Not Acceptable: Expensive jewelry should not be worn to school. Boys are not permitted to wear earrings. Girls may wear only one earring per ear. Girls (Grades K-6) may not wear earrings that dangle from the earlobe. Girls (Grades 7-8) may not wear hoop earrings that exceed the diameter of a quarter. Piercing of other body parts is not permitted.

HATS

Acceptable: Hats and visors may be worn when participating in outdoor activities and must be removed when indoors.

Not Acceptable: When worn, the bill of the cap must face forward, not backward or sideways.

MAKEUP

Acceptable: Girls in grades 7-8 may use makeup to enhance their features, but not to draw special attention to themselves. Lip gloss and chap-stick are acceptable for all ages.

Not Acceptable: It is unacceptable for students in kindergarten and grades 1-6 to wear makeup of any kind. Tattoos, whether permanent or temporary, are never permissible. Girls in grades 7-8 may not wear black lipstick.

SCOUT UNIFORMS

Acceptable: Students are allowed to wear official scout uniforms on days when their den or troop is meeting.

Not Acceptable: Coordinated apparel that does not meet FCS dress code standards is unacceptable

SUNGLASSES

Acceptable: Sunglasses may be worn when participating in outdoor activities.

SPIRIT WEAR

Students in grades K-8 may choose to wear a Spirit Wear t-shirt or any FCS sponsored activity/club/sport shirt with blue jean pants (or blue jean capris for girls), that adhere to dress code standards on Fridays. Students may also wear uniform pants, shorts, or skorts with their Spirit Wear t-shirts. Please keep in mind pants, shorts, and skorts should be clean, without holes, and of comfortable fit. All garments must have a finished hem.

FREE DRESS

Students in grades K-8th who are rewarded with a free dress pass are to wear clothing that meets the FCS Dress and Grooming Code standards.

- Students are NOT to wear oversized apparel.
- Students are NOT permitted to wear tops that at any time expose a bare midriff or undergarments. Tight/form fitting tops are not acceptable. Tops with spaghetti straps may NOT be worn (straps must be at least 2" wide).
- Garments should have finished hem and be without holes or rips.
- Pants, shorts and skorts should NOT be excessively baggy or reflect a size not designed to fit the student. They should NOT sag or expose undergarments. They must be worn at waist level and should fit snugly around the waist with or without a belt.
- Shorts and skorts are to be NO longer than the bottom of the kneecap and **NO shorter than mid-thigh and must reflect modesty.** *Good rule of thumb – when arms at side, shorts even or longer than fingertip edge.*
- The length of a girl's skirt may not be more than 4" from the floor when kneeling and must reflect modesty and be age appropriate.
- Leggings must NOT be worn as pants.